

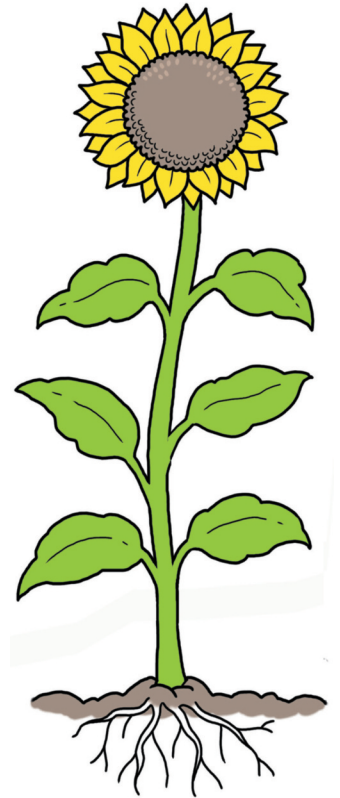
# My Garden Journal

Name \_\_\_\_\_ Date \_\_\_\_\_



A large, blank, cream-colored scroll with a yellow border and a pencil illustration at the top left. The scroll is unrolled, showing a large blank space for writing. At the bottom of the scroll, there are seven horizontal lines for writing.

**Vary Your  
Veggies and  
Focus on Fruits**



**Oregon State  
University**  
Extension Service



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon Safe Net at 211. USDA is an equal opportunity provider and employer.

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