

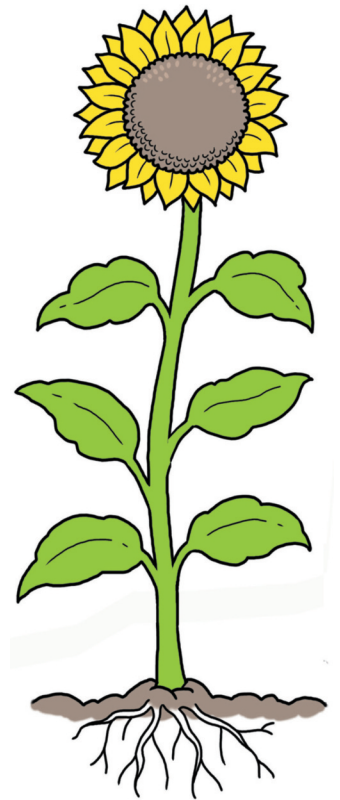
My Garden Journal

Name _____ Date _____



A large, blank, cream-colored page with a decorative, wavy border, resembling a scroll. The page is intended for writing and contains several horizontal lines for text entry.

**Vary Your
Veggies and
Focus on Fruits**



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon SafeNet at 211. USDA is an equal opportunity provider and employer.

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Garden Enhanced Nutrition Education