Any Berry Sauce

Ingredients

¼ cup cold water

1 Tablespoon cornstarch

⅓ cup **sugar**

4 cups **berries**, fresh or frozen (blackberries, raspberries, blueberries, sliced strawberries or a mixture)

Instructions

- 1. Wash hands with soap and water.
- **2.** In a medium saucepan, mix together sugar, cornstarch, water and 2 cups of berries. Mash berries if desired.
- **3.** Heat over medium heat, stirring frequently, until sauce starts to thicken.
- **4.** Remove from heat and stir in remaining berries. Mash if desired.
- **5.** Refrigerate leftovers within 2 hours.







Visit FoodHero to find this recipe and many more healthy, tasty recipes that fit your budget!