Baked Berry Oatmeal

© Cooking time: 25-40 minutes
HACCP Process #2 Same Day Service





1 Serving Provides:

CACFP: 3/8 cup Fruit, 11/4 ounce equivalent Grains NSLP: 3/8 cup Fruit, 11/4 ounce equivalent Grains

SFSP: 3/8 cup Fruit, 1¼ ounce equivalent Grains

| | 12 Servings | | 24 Servings | |
|--|-------------------|---------------|-------------------|------------------------------|
| Ingredients | Weight | Measure | Weight | Measure |
| Old fashioned rolled oats | 12 ounces | 3½ cups | 1 pound 8 ounces | 7 cups |
| Baking powder | | 1½ teaspoons | | 1 Tablespoon |
| Cinnamon | | 1½ teaspoons | | 1 Tablespoon |
| Salt | | ³⁄₃ teaspoon | | ¾ teaspoon |
| Eggs | | 3 | | 6 |
| Brown sugar | 6 ounces | ³⁄₄ cup | 12 ounces | 1½ cups |
| Vanilla extract | | 2 teaspoons | | 1 Tablespoon + 1 teaspoon |
| Unsalted butter, melted | 1 ounce | 2 Tablespoons | 2 ounces | 1/4 cup |
| Nonfat milk | | 3 cups | | 1 quart + 2 cups |
| Cane berries, individually quick frozen (raspberries, blackberries, marionberries) | 1 pound 10 ounces | 5 cups | 3 pounds 4 ounces | 2 quarts + 2 cups |
| Walnuts, chopped (optional) | | ³⁄₃ cup | | ³⁄₄ cup |



Directions

- 1. Preheat the oven to 375° F. Spray a steamtable pan with pan-release spray. For 12 servings use a 2-inch half-size steamtable pan or a 9x13 baking dish. For 24 servings use a 2-inch full-size steamtable pan. Set aside.
- 2. In a large mixing bowl stir together the rolled oats, baking powder, cinnamon and salt.
- 3. In a separate bowl, whisk together the eggs, brown sugar and vanilla extract. Whisk in the melted butter. Add milk and whisk until ingredients are well combined.
- 4. Pour the wet ingredients into the dry ingredients and stir until well combined. Add the frozen berries to the oatmeal mixture. Stir to distribute the berries. Pour the mixture into the prepared pan. Sprinkle walnuts evenly over the top.
- 5. Bake in the preheated oven for about 25-40 minutes, or until the top is golden brown.
 - CCP: Heat to 165°F or higher for at least 15 seconds.
 - CCP: Hold for hot service at 135°F or higher.
 - Cut the half-size pan or baking dish 4×3 for 12 portions, or cut the full-size pan 4×6 for 24 portions.

Baked Berry Oatmeal, continued

| Serving | Yield | Volume |
|--|--|---|
| ¹½₂ of pan or ½₄ of pan or about 1 cup | 12 Servings: about 4 pounds 24 Servings: about 8 pounds | 12 Servings: about 3 quarts 24 Servings: about 1½ gallons |

| Nutrients Per Serving | | | | | | | |
|-----------------------|-------|---------------|--------|-----------|--------|--|--|
| Calories | 292 | Sodium | 194 mg | Vitamin A | 324 IU | | |
| Total Fat | 7.7 g | Carbohydrate | 45 g | Vitamin C | 3 mg | | |
| Saturated Fat | 2.3 g | Dietary Fiber | 6 g | Iron | 2.3 mg | | |
| Cholesterol | 53 mg | Protein | 10 g | Calcium | 181 mg | | |