

Client: OSU Extension  
Product: Food Hero  
Title: Be a Food Hero  
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Anncr:

How would you like to be a hero in your house? With a single click of a mouse you can put on the apron of "Food Hero".

Go online to W-W-W dot Food Hero dot O-R-G and learn how to make delicious and healthy food that your family will love.

Food Hero dot org is an easy to use online resource that will help you save time and money while making simple, tasty, low cost- and most importantly - **healthy** meals for your family.

Food Hero dot org is loaded with ideas to help you plan and prepare healthy meals including delicious ways to get more fruits and vegetables into your family's diet.

If you care about what you and your family eats - go ahead and be a Food Hero to your family. It's easy and it's right at your fingertips. Go online to Food Hero dot org today.

Message from O-S-U Extension funded by U-S-D-A SNAP, an equal opportunity provider and employer. Apply for SNAP by calling 1-800-723-3638.