

the Food Hero Song



Our Song!

Verse 1:

Veggies, fruits, and one pot meals
The Popeye Smoothie's pretty chill
Sunshine Roll-Ups have appeal
Kale Dip is a real big deal

Chorus:

Give em more of that good stuff
Recipes that kids love
It's hard to get enough
Where healthy food is fun
Give em more of that good stuff
Recipes that kids love
It's hard to get enough
Where healthy food is fun
Being a Food Hero is fun
Yeah Yeah Yeah
It's hard to get enough
Being a Food Hero is fun
Yeah Yeah Yeah

Verse 2:

Kids can help you make the meal
Wash hands first to keep it real
They can stir or they can peel
Help them gain some cooking skills

Chorus:

Give em more of that good stuff
Recipes that kids love
Where healthy food is fun
Give em more of that good stuff
Recipes that kids love
It's hard to get enough
Where healthy food is fun
Being a Food Hero is fun
Yeah Yeah Yeah
Being a Food Hero is fun
Yeah Yeah Yeah

Give me more of that good stuff
Recipes that I love
I can't get enough
Healthy food is fun
Give me more of that good stuff
Recipes that I love
I can't get enough
Healthy food is fun
Being a Food Hero is fun
Yeah Yeah Yeah
Being a Food Hero is fun
Yeah Yeah Yeah
Let's go

