



Protein Foods Word Scramble

YRUKTE

5

SHFI

TUPASEN

1

IENCKCH

8

EFEB

NSTILEL

9

2

GESG

7

ABSNE

4

UTOF

6

3

W V P O !
1 2 3 4 5 6 7 8 9



Word Bank

- Beans
- Beef
- Chicken
- Eggs
- Fish
- Lentils
- Peanuts
- Tofu
- Turkey

Visit www.FoodHero.org to find recipes with protein!



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