

HEALTHY CLASSROOM CELEBRATIONS POLICY - SAMPLE

[ADD SCHOOL LOGO]

[DATE]

Dear Families,

Welcome to the 2016-17 school year! This year we are establishing a Healthy Classroom Celebrations policy. This is a great way to help our students develop life-long healthy eating habits and make *ABC Elementary School* a healthy place for students, staff and families! With a few easy changes our school community can help shift the focus of school celebrations from unhealthy food to healthy fun.

Here is how it will work:

- Throughout the school year there will be holidays we celebrate as a class (Sample List: Harvest, Halloween, Thanksgiving, Valentine’s Day, Read Across America, Spring, etc.). These celebrations will incorporate activities, crafts, and/or games. Food may be included but will not be the focus of these celebrations. Parents can sign up to bring any of the healthy options from the attached list.
- On the last Thursday of every month, we will have a classroom birthday party to celebrate the students who have birthdays in that month. Parents may have the opportunity to provide a healthy snack ingredient and / or coordinate to bring together a recipe in class.
- Non-food treats, such as pencils and stickers are great too!

Mark Your Calendars!	
September birthdays	Thursday, September XX
October birthdays	Thursday, October XX
November birthdays	Thursday, November XX
December birthdays	Thursday, December XX
January birthdays	Thursday, January XX
February birthdays	Thursday, February XX
March birthdays	Thursday, March XX
April birthdays	Thursday, April XX
May birthdays	Thursday, May XX
June, July & August birthdays	Thursday, June XX

Help make this policy a success! If you have any questions, please contact XXXX at _____.
Thank you for helping us create a healthier place for your child to learn!

Sincerely,