2021 Campaign Calendar Monthly Featured Foods

This calendar lists the foods that will be featured each month in the Food Hero Monthly and social media. Each food has a suite of coordinating tools: foodhero.org/ingredients. If your local calendar differs, feel free to use your local calendar. New ideas? Email us: food.hero@oregonstate.edu.

2021	Featured Food	Connection to Holiday Calendar: http://www.foodhero.org/holiday-calendar
January	Oranges *new	National Fresh Squeezed Juice Day
February	<u>Cucumbers</u> *new	New ODE OH4S featured food
March	Broccoli	National We Love Broccoli Day
April	Growing Food *new	National Garden Month
May	Beef	National Beef Month
June	Pairing Plants & Dairy	National Dairy Month
July	Green Beans	
August	Watermelon	Watermelon Day
September	Food Safety *new	National Food Safety Month
October	Latinx *new	National Hispanic Heritage Month
November	Winter Squash	
December	Cabbage	

New Food Hero Monthlies are indicated with *new written next to the featured food. All other months will be exciting new updates of existing monthlies.