

Giving It A Try



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Irving students take the challenge and taste Cowboy Salad during Bethel's Try It Thursday.

One Thursday every month there's something new in the cafeterias at Bethel schools.

Try It Thursday is a partnership with the OSU Extension Service to provide new foods for students to sample.

The experimenting doesn't get too exotic. This week it's Cowboy Salad, with black beans, corn, tomatoes (grown on the Bethel Farm) and more.

[Click here for the recipe.](#)

The idea is to introduce students to a wider variety of healthy, affordable, and tasty food.

Check out the OSU Extension [Food Hero website](#) for lots of creative and easy recipes, some of which will be served in Bethel cafeterias.