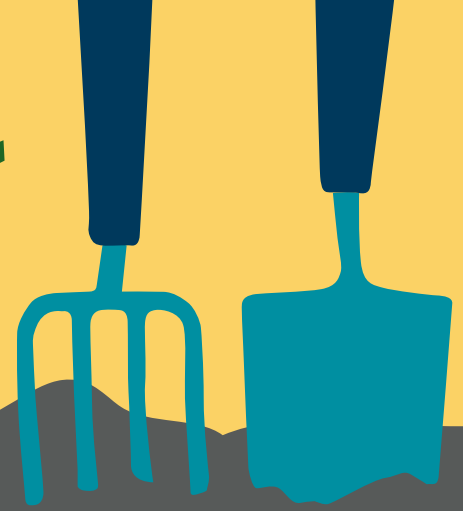


# Master Gardener Volunteers!



Join our 2022

## Grow This! Oregon Garden Challenge

The third year of the **Grow This! Oregon Garden Challenge**, is much bigger than last year's Challenge! This year we will again sign up thousands of gardeners to grow vegetable and flowers and need your help! Learn more and sign up for the challenge here: <https://www.foodhero.org/growthis>.

### A **Grow This! Champion**:

1. Must be a current Oregon Master Gardener volunteer or Master Gardeners representing a county demonstration/educational garden.
2. Will need to sign up for the **Grow This!** program by midnight January 3rd and indicate that you are a Master Gardener when asked about your garden experience. Sign up using this link: [Master Gardener Champions](#)
3. Will be mailed 5 seed types free of charge (cilantro, green onions, kale, mesclun lettuce mix, zinnias) plus have the option to request extra seeds of types you desire.
4. Must agree to give feedback on your growing process and results at least once—but as often as you want—during the Challenge. Feedback could include suggestions, comments, challenges and solutions, stories, photos, drawings or videos that we can share with others (with or without your name). You will receive an invitation to join our private discussion group—just for Master Gardeners—which will have monthly prompts and requests for your feedback. All feedback is WELCOME.
5. Can report your active time spent on this project as Master Gardener volunteer hours (report as 'community science').

We need your help to grow along and share your expert advice with these gardeners. Please consider signing up to participate as a **Grow This! Champion**.

Your growing tips, comments, challenges and stories will be shared on our social media platforms and in monthly update emails to beginning gardeners as a way to build a growing community across the state. We are so excited to invite you to be a **Grow This! Champion** partner!

### Follow us on Social Media!



Point your smartphone or tablet camera at the QR code; click to follow the link that pops up on your screen.



### Questions?

Email [Brooke.Edmunds@oregonstate.edu](mailto:Brooke.Edmunds@oregonstate.edu) or [food.hero@oregonstate.edu](mailto:food.hero@oregonstate.edu) or leave a voice message at 541-737-1017.



Oregon State University  
Extension Service  
Master Gardener™

**BI-MART**

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