

# Cooking Tools Survey



**Directions:** Please mark your answers for each question. There are no right or wrong answers.

**1** Write down **a favorite main dish** you make over and over again.

**2** When deciding if you will cook dinner at home, **how often do you think** about the following things?

	Almost Never	Seldom	Sometimes	Often	Amost Always
a. My family or household members will like the meal.	<input type="checkbox"/>				
b. I have the ingredients already.	<input type="checkbox"/>				
c. Meal prep, cooking and clean up will be quick.	<input type="checkbox"/>				
d. The meal is healthier than eating out.	<input type="checkbox"/>				
e. The meal costs less than eating out.	<input type="checkbox"/>				
f. Something else: <input style="width: 200px;" type="text"/>	<input type="checkbox"/>				

**3a** Have you ever seen or heard the slogan “Food Hero”?  Yes  No  Not sure

**3b** In the last year, about how many times have you seen or heard Food Hero ads or messages?

None  Once  2 to 4 times  5 to 10 times  More than 10 times

**4** How many adults live in your household? (Please count yourself.)  adults live in my household.

**5** How many children under the age of 18 live in your household?  children live in my household.

**6** Who does most of the cooking and food preparation in your household?

Myself  Someone else  Shared equally (Optional) Comment:

**7** What is your ethnic identity or race? Select all that apply:

American Indian or Alaska Native  Asian or Asian-American  Black or African American

Hawaiian Native or other Pacific Islander  Hispanic or Latino/Latina/Latine

Middle Eastern or North African  Slavic, including Russian and Ukrainian  White or Caucasian

Prefer not to answer  Prefer to self-describe

**8** What is your age?  19 years or under  20 to 29 years  30 to 39 years  40 to 49 years

50 to 59 years  60 to 69 years  70 to 79 years  80 to 89 years  90 years or above

**Continues →**

9

Circle the item/s you **do have** where you cook for your household.Cross out  the item/s you **do not have** where you cook for your household.

Cutting Board



Vegetable Peeler



Grater

Knives (sharp),  
more than one

Measuring Cups (dry), a set



Measuring Cup (liquid)



Measuring Spoons, a set

Mixing Bowls,  
more than one

Rubber/Silicone Scraper



Mixing Spoon



Spatula (pancake turner)



Can Opener



Potholders



Kitchen Tongs



Strainer (colander)



Ladle or cup with a handle

Saucepan with Lid, Small or  
Medium

Saucepan with Lid, Large



Skillet, Small or Medium



Skillet, Large



Casserole or Baking Dish



Pie Pan



Food Thermometer



Electric Skillet



Baking Sheet



Bread Pan



Muffin Tin



Slow Cooker/Pressure Cooker



Air Fryer



Freezer



Mortar and Pestle



Microwave Oven



Oven



Refrigerator



Stove



Blender

