

# What Bees Do for Us



**Next time you take a bite out of an apple, or eat a tasty berry, thank a bee!** Bees are a very important group of insects that help make some of our favorite foods. How do they do this? Through a process called **pollination**. Bees pollinate many different crops, including types of fruits, vegetables, grains, nuts and seeds. Many of these crops are grown in the state of Oregon, and Oregon bees pollinate them. Some crops in other states rely on Oregon bees, too! Every year, beekeepers from Oregon bring their bees to other states to help pollinate their crops. For instance, they bring honey-bee hives to California to pollinate the almonds that are grown there.

In Oregon, there are over 600 different types of bees. In this guide, you will get to know some of these bees and learn why they are so important to farmers in Oregon, across the United States, and around the world.

**Some of the many foods that bees help put on our table.**

