













Radishes

Quick Garden Tips

- Radishes are easy and quick to grow from seed. They are perfect for small gardens, raised beds and containers.
- Sprinkle seeds over damp soil and cover with at least ½ inch of soil. Water seeds after planting and keep the soil moist.
- After the seeds sprout and form a second set of leaves, thin them to leave 1 or 2 inches between each radish. Thin radishes by snipping the extra seedlings with small scissors at the base of the soil.
- Rather than planting many seeds at one time, plant some radish seeds every 10 days for a longer harvest.



Season and Location

- Radishes grow best in cool weather. If summers are hot, try planting in spring and again in the fall.
- Plant in well-drained soil in sun or part shade.

Container Gardening

- Choose containers at least 6 inches deep and with holes in the bottom for drainage.
- * Keep soil evenly moist; never allow pots to dry completely.
- For better tasting radishes, move containers to cooler areas during hot summer months.



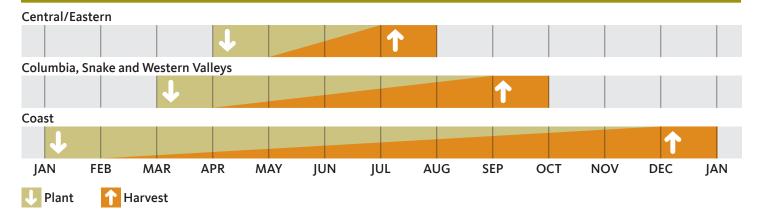
Key Pests and Diseases

- Flea beetles, aphids
- control flea beetles with row covers.
- Rinse aphids away with a hard spray of water.





Oregon Gardening Calendar for Radishes



Recommended Types to Grow

Red: Fuego, Comet, French Breakfast, Cherry Belle, Early Scarlet Globe, Champion

White: Burpee White, White Icicle, Early White Globe, Faribo White Snowball



When and How to Harvest

Radishes are ready to pick 3 to 6 weeks after seeds are planted. Look at the seed packet for the estimated days to harvest for your variety.

Pick radishes as soon as they are a useable size. When left in the ground longer, they may crack, become spongy or woody and have a hot flavor.

Harvest radishes by pulling on the base of the green leaves near the soil.

Storage and Cooking

- Rinse and dry the radish roots and greens after picking.
- Cut the greens from the roots and refrigerate them in separate containers. The greens are best used within 3 days. The radish roots are best used within 2 weeks.
- Top salads, sandwiches, tacos or stews with sliced radishes for flavor and crunch.
- Roast radishes with other vegetables or add radish and radish greens to a stir-fry. Cooked radishes have a mellow and sweet flavor.

Radish and Cucumber Salad

Preparation Time: 10 minutes Chill Time: 15 minutes Makes: 5 cups

Ingredients

¼ cup nonfat plain yogurt

¼ teaspoon garlic powder

¼ teaspoon each salt and pepper

- 1 bunch **radishes** (about 10), thinly sliced
- 1 cucumber, cut into thin rounds

Directions

- 1. Wash hands with soap and water.
- 2. In a large bowl, mix together yogurt, garlic, salt and pepper. Add radishes and cucumber and stir to combine.
- 3. Cover and refrigerate for at least 15 minutes before serving.
- 4. Refrigerate leftovers within 2 hours.

Notes

Try adding more seasonings such as onion powder or dill.



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