Hello! My name is Josh, and my family has a food truck! Every weekday, we sell great tasting lunches to customers from our truck. My little sister, Jocelyn, and I help our parents. We work in our garden to grow many of the foods we need for ingredients. We also help order the foods we don’t grow. Jocelyn and I go to school during the day. We help when there is no school and on the weekends. It’s hard work but we all love it.

Do you have a favorite meal? Jocelyn and I have different favorites. We couldn’t make any of them without local farmers and animals like chickens, cows and pigs. Maybe the most important helpers of all are bees! That’s right! Bees pollinate clover for cows to eat—you will learn what the word pollinate means later! Then the cows give us milk and meat. Bees also help plants grow fruits like berries, cherries, apples, peaches, pears, plums and watermelons. We use fruit in the smoothies and salsas we make in our food truck. All our lunches include vegetables. We grow many of our own vegetables from seeds. Bees pollinate our vegetable plants. The vegetable we use the most is onions. Guess what? Without bees to pollinate onion flowers, we wouldn’t have seeds to grow onions.

Do you like math? It’s my favorite subject in school, but sometimes I need help. We have a lot of customers, so we make a lot of food! Sometimes we have to double or triple the ingredients in our recipes! My family asks me to figure out the right amounts to practice my math. Sometimes we run out of an ingredient. When that happens, I have to figure out how much of a different ingredient to use. This book has the eight most popular recipes we use for our food truck. I hope you can help me with some math for each recipe!

In reading this year, we are building our fluency with Mr. Traylor! We read the same passage each day for a week with a partner. Try reading my passage above out loud and track how many words you can read correctly in a minute. Find a partner if you can. The numbers at the end of the lines are a guide to how many words you read. See if you can improve your score by the end of the week!

Fluency Tracker
Day 1_____, Day 2_____, Day 3_____, Day 4_____, Day 5_____

what do you want to know about bees and how they help make our food? In this book you can learn more! Visit this link: www.foodhero.org/bees for a video that brings the book to life!