Banana Bobs

HACCP Process #1 No Cook Preparation

1 Serving Provides:
CACFP: 1 ounce equivalents Grains, 1 ounce Meat/Meat Alternate, ½ cup Fruit
NSLP: 1 ounce equivalents Grains, 1 ounce Meat/Meat Alternate, ½ cup Fruit
SFSP: 1 ounce equivalents Grains, 1 ounce Meat/Meat Alternate, ½ cup Fruit

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>8 Servings</th>
<th>16 Servings</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Weight</td>
<td>Measure</td>
</tr>
<tr>
<td>Bananas, 150-count size</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Low fat yogurt, vanilla or</td>
<td>1 quart</td>
<td></td>
</tr>
<tr>
<td>strawberry</td>
<td></td>
<td></td>
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<tr>
<td>Granola cereal</td>
<td>2 cups</td>
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**Directions**

1. For each serving peel and slice each banana into ½ inch slices. Place sliced banana in a portion container.
2. Using a #8 scoop portion ½ cup yogurt into a 4–5 ounce portion cup. Place ½ cup yogurt next to the banana.
3. Using a #16 scoop portion ¼ cup granola into a 2–3 ounce portion cup. Place ¼ cup granola in the portion container with the banana slices and yogurt.
4. Instruct children to use a fork to pick up a slice of banana and dip it into the yogurt, and then into the granola.
   
   CCP: Hold for cold service at 41°F or below.

Serve 1 portion per person.

<table>
<thead>
<tr>
<th>Serving</th>
<th>Yield</th>
<th>Volume</th>
<th>Nutrients Per Serving</th>
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</thead>
</table>
| 1 each  | 8 servings 16 servings | N/A | Calories 332
Total Fat 4.3 g
Saturated Fat 1.4 g
Cholesterol 6 mg
Sodium 125 mg
Carbohydrate 67 g
Dietary Fiber 5 g
Protein 10 g
Vitamin A 125 IU
Vitamin C 11 mg
Iron 1 mg
Calcium 216 mg

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