



College of Health and Human Sciences  
 Extension Family and Community Development  
 Nutrition Education Program  
 Oregon State University, 161 Milam Hall, Corvallis, Oregon 97331-5106  
 T 541-737-0997 | F 541-737-0999 | <http://extension.oregonstate.edu/nep>

**To: Parents/Guardian**

Your child has been learning about making healthy food choices and has tasted quick and easy recipes at school. I/We would like to ask you to consider filling out a brief survey about those recipes. This survey is part of a research project. It should just take a few minutes of your time. If you choose to fill out the survey, your answers will help us make children’s classes better.

Filling out this survey is voluntary. If you choose not to participate, it will not affect your child’s grades. You may refuse to answer any question(s) you choose. The information you provide will be kept confidential to the extent permitted by law. Your answers will be combined with others in a report.

You can also take this Classroom to Kitchen survey online at: <http://www.foodhero.org/survey>.

We’d like the person responsible for food shopping and/or preparing meals in your household to complete the survey. If you’d like to receive a flexible plastic cutting board (compliments of the Oregon Nutrition Education Program through the OSU Extension Service), please return the completed form to your child’s teacher by this date: \_\_\_\_\_

If you have questions about the survey or how your responses will be used, please contact Lauren Tobey, Nutrition Education Program Coordinator at (541) 737-1017 or by email at [lauren.tobey@oregonstate.edu](mailto:lauren.tobey@oregonstate.edu).

To receive your free flexible plastic cutting board, please write your name below, tear off the form, and return it with your completed questionnaire to your child’s teacher.

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Your child’s name \_\_\_\_\_

Your child’s teacher \_\_\_\_\_