**Healthy Celebration Policy Announcement**

[Date]

Dear Families,

Welcome to the 2019-20 school year! This year we are establishing a Healthy Classroom Celebrations policy. This is a great way to help our students develop life-long healthy eating habits and make [School Name] a healthy place for students, staff and families! With a few easy changes, our school community can help shift the focus of school celebrations from unhealthy food to healthy fun.

Here is how it works: Throughout the school year there will be holidays we celebrate as a class (Examples: Harvest, Halloween, Thanksgiving, Valentine’s Day, Read Across America, Spring, etc.). These celebrations will incorporate activities, crafts, and/or games. Food may be included but will not be the focus of these celebrations. Parents can sign up to bring any of the healthy options from the attached list.

On the 3rd Thursday of every month, we will have a classroom birthday party to celebrate the students who have birthdays in that month. Parents may have the opportunity to provide a healthy snack ingredient and / or coordinate to bring together a recipe in class.

Non-food treats, such as pencils and stickers are great too!

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| **Mark Your Calendars!** | |
| September birthdays | Thursday, September XX |
| October birthdays | Thursday, October XX |
| November birthdays | Thursday, November XX |
| December birthdays | Thursday, December XX |
| January birthdays | Thursday, January XX |
| February birthdays | Thursday, February XX |
| March birthdays | Thursday, March XX |
| April birthdays | Thursday, April XX |
| May birthdays | Thursday, May XX |
| June, July & August birthdays | Thursday, June XX |

Help make this policy a success! If you have any questions, please contact the front office at XXX-XXX-XXXX. Thank you for helping us create a healthier place for your child to learn!

Sincerely,

[Principal Name]

[School Logo]