



# 2021 Campaign Calendar

## Monthly Featured Foods

Give Them More  
of the  
Good Stuff!

This calendar lists the foods that will be featured each month in the Food Hero [Monthly](#) and [social media](#). Each food has a suite of coordinating tools: [foodhero.org/ingredients](http://foodhero.org/ingredients). If your local calendar differs, feel free to use your local calendar. New ideas? Email us: [food.hero@oregonstate.edu](mailto:food.hero@oregonstate.edu).

2021	Featured Food	Connection to Our Holiday Calendar: <a href="http://www.foodhero.org/holiday-calendar">http://www.foodhero.org/holiday-calendar</a>
January	<a href="#">Oranges</a> *new	
February	<a href="#">Cucumbers</a> *new	
March	<a href="#">Spinach</a>	
April	<a href="#">Rhubarb</a>	
May	<a href="#">Radish</a>	
June	<a href="#">Eggplant</a> *new	
July	<a href="#">Green Beans</a>	
August	<a href="#">Peach</a>	National Peach Month
September	<a href="#">Mushrooms</a>	National Mushroom Month
October	<a href="#">Cabbage</a>	
November	<a href="#">Peas</a>	
December	<a href="#">Winter Squash</a>	

New Food Hero Monthlies are indicated with \*new written next to the featured food. All other months will be exciting new updates of existing monthlies.