

# Parent/Guardian Survey

**Directions:** Please mark your answer for each question. There is no right or wrong answer. Your answers are confidential.

**1** In recent months, have you seen or heard any advertisements or messages about getting more fruits and vegetables in your diet?

Yes     No     Not sure

**2** What advertisements or messages have you seen or heard about vegetables or fruits in your diet? [Please write your answer(s) in the box below]

**3** What grade is your child (or children) in school this year?

**4** Does your child talk about what he or she has learned in school about healthy eating? (Mark one)

Yes—see *below, question 4a*     No—go to *question 5*     Not sure—go to *question 5*

**4a** Have you made any changes in the foods your family eats as a result?

Yes—*please explain* changes you have made in the box below     No     Not sure

**5** Does your child talk about tasting new recipes at school? (Mark one)

- My child *has not talked about tasting new recipes.*
- My child has talked about tasting recipes in *some detail.*
- My child has talked about tasting recipes in *great detail.*

**6** Did you receive the recipes sent home with your child? (Mark one)

Yes     No     Does not apply

**6a** Has your child asked you to make any of the recipes at home?

Yes     No     Not sure

**6b** Have you made any of the recipes at home?

Yes     No     Not sure

*Continues on next page.*

**Parent/Guardian Survey**—*continued*

**7** If you have prepared any of the recipes, did you have to buy foods that were different from what you usually buy? (Check one)

- Yes     No     Not sure

**7a** Which foods did you buy that were different than usual?

**8** Where did you get the recipe(s) you prepared in question 6? (Mark all that apply.)

- a. from a **calendar** sent home with my child from school
- b. from a **recipe card** sent home with my child from school
- c. from the [www.FoodHero.org](http://www.FoodHero.org) **website**
- d. from a **Food Hero Monthly** (a flyer with color photos about how to choose, store and prepare a food)
- e. from a **Food Hero bulletin board** at my child's school or in my community
- f. from **Facebook, Instagram, Pinterest, or Twitter**
- g. from an Oregon State University or Food Hero **recipe book**
- h. from a **friend or family member**
- i. from **another place** (please explain)
- j. **I don't remember** where I found the recipe I prepared

**9** Before you were invited to take this survey, had you ever seen or heard the slogan Food Hero?

- Yes     No     Not sure



**10** In the last year, about how many times have you seen or heard Food Hero ads or messages?

- None     Once     2–4 times     5–10 times     More than 10 times

**11** What is your gender (are you a man or a woman)?

**12** Is there anything you'd like us to know about your child's participation in the nutrition class? If so, please describe below.