Peanut Butter Cereal Bars

Cooking time: 5 minutes

HACCP Process #2 Same Day Service





1 Serving Provides:

CACFP: 1 ounce meat/meat alternate, 1 ounce equivalent grains

NSLP: 1 ounce meat/meat alternate, 1 ounce equivalent grains

SFSP: 1 ounce meat/meat alternate, 1 ounce equivalent grains

	64 Servi	ngs	128 Servings	
Ingredients	Weight	Measure	Weight	Measure
Honey	1 pound 6 ounces	2 cups	2 pounds 12 ounces	1 quart
Peanut butter	2 pounds 4 ounces	1 quart	4 pounds 8 ounces	2 quarts
Crispy rice cereal	8 ounces	2 quarts	1 pound	1 gallon
Quick oats, dry	1 pound 9 ounces	2 quarts	3 pounds 2 ounces	1 gallon
Raisins	1 pound 4 ounces	1 quart	2 pounds 8 ounces	2 quarts



Directions

- 1. Lightly spray a pan with pan-release spray. For 64 servings use a full-size 2-inch steamtable pan. For 128 servings use 2 full-size 2-inch steamtable pans.
- 2. In a saucepan bring honey to a boil. Reduce heat to low and stir in peanut butter.
- 3. In a large mixing bowl combine the crispy rice cereal, oats, and raisins. Pour the honey and peanut butter mixture over the dry ingredients. Mix well and transfer to the prepared pan. Press the mixture into the pan so it is compact and even. When cool, cut into bars.
- 4. Store in an airtight container for up to a week.

Serving	Yield	Volume
⅓₃₂ of the pan (1.8 ounces)	64 servings, about 7 pounds	64 servings, 1 full-size 2-inch pan
	128 servings, about 14 pounds	128 servings, 2 full-size 2-inch pans

Nutrients Per Serving								
Calories	206	Sodium	101 mg	Vitamin A	134 IU			
Total Fat	8.7 g	Carbohydrate	29 g	Vitamin C	2 mg			
Saturated Fat	1.7 g	Dietary Fiber	2 g	Iron	2 mg			
Cholesterol	0 mg	Protein	6 g	Calcium	19 mg			

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon SafeNet at 211. USDA is an equal opportunity provider and employer. ©2016 Oregon State University Extension Service offers educational programs, activities, and materials without discrimination based on age, color, disability, gender identity or expression, genetic information, marital status, national origin, race, religion, sex, sexual orientation, or veteran's status. Oregon State University Extension Service is an Equal Opportunity Employer.