Peanut Butter Cereal Bars

Cooking time: 5 minutes HACCP Process #2 Same Day Service



CACFP: 1 ounce meat/meat alternate, 1 ounce equivalent grains NSLP: 1 ounce meat/meat alternate, 1 ounce equivalent grains SFSP: 1 ounce meat/meat alternate, 1 ounce equivalent grains

	16 Se	rvings	32 Servings			
Ingredients	Weight	Measure	Weight	Measure		
Honey	5.5 ounces	½ cup	11 ounces	1 cup		
Peanut butter	9 ounces	1 cup	1 pound 2 ounces	2 cups		
Crispy rice cereal	2 ounces	2 cups	4 ounces	1 quart		
Quick oats, dry	6.25 ounces	2 cups	12.5 ounces	1 quart		
Raisins	5 ounces	1 cup	10 ounces	2 cups		



1 Serving Provides:

Directions

1. Lightly spray a pan with pan-release spray. For 16 servings use an 8-inch square pan. For 32 servings use a half-size 2-inch steamtable pan.

2. In a saucepan bring honey to a boil. Reduce heat to low and stir in peanut butter.

- 3. In a large mixing bowl combine the crispy rice cereal, oats, and raisins. Pour the honey and peanut butter mixture over the dry ingredients. Mix well and transfer to the prepared pan. Press the mixture into the pan so it is compact and even. When cool, cut into bars.
- 4. Store in an airtight container for up to a week.

Serving	Yield Volume		Nutrients Per Serving						
¹ ⁄16 or ¹ ⁄32 of the pan (1.8 ounces)	16 servings, about 1 pound 12 ounces 32 servings, about 3 pounds 8 ounces	16 servings, 8-inch square pan 32 servings, half-size 2-inch pan	Calories Total Fat Saturated Fat Cholesterol	206 8.7 g 1.7 g 0 mg	Sodium Carbohydrate Dietary Fiber Protein	101 mg 29 g 2 g 6 g	Vitamin A Vitamin C Iron Calcium	134 IU 2 mg 2 mg 19 mg	

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