Kiwi Fruit Pizza

Cooking time: 3–5 minutes HACCP Process #2 Same Day Service



1 Serving Provides:

CACFP: ¹/₂ cup Fruit and 1 ounce Grains NSLP: ¹/₂ cup Fruit and 1 ounce Grains SFSP: ¹/₂ cup Fruit and 1 ounce Grains

	48 Servings		96 Servings		
Ingredients	Weight	Measure	Weight	Measure 96 3 quarts	
Whole wheat English muffins	1 ounce equivalent is 28 grams	48	1 ounce equivalent is 28 grams		
Reduced fat cream cheese	3 pounds	1 quart + 2 cups	6 pounds		
Fresh kiwi, peeled and sliced ¼ inch thick	5 pounds 8 ounces	3 quarts	11 pounds	1 gallon + 2 quarts	
Fresh strawberries, tops removed, sliced ¼ inch thick	2 pounds 8 ounces	1 quart + 2 cups	5 pounds	3 quarts	
Fresh blueberries	2 pounds 8 ounces	1 quart + 2 cups	5 pounds	3 quarts	



Directions

- 1. Preheat oven to 400°F. Split open the English muffins and place on a parchment lined sheet pan cut-side up. Toast in a preheated 400°F oven for about 3–5 minutes, or until just slightly toasted.
- 2. Spread $\frac{1}{2}$ ounce cream cheese on each English muffin half. Set aside.
- 3. Set out 48 or 96 4-ounce cups. In each cup place 1/4 cup of the kiwi slices, and 1/8 cup each of the strawberry slices and blueberries.
- 4. Serve 2 English muffin halves and a 4 ounce cup of fruit per portion. The students can assemble their Fruit Pizzas as they desire.

CCP: Hold for cold service at 41°F or lower.

Serving	Yield	Volume	Nutrients F	Nutrients Per Serving						
2 English muffin halves with cream cheese and ½ cup fruit	48 or 96 servings each	48 or 96 servings each	Calories Total Fat Saturated Fat	Total Fat 6.2 g Carbohydra	Sodium Carbohydrate Dietary Fiber	5	Vitamin A Vitamin C	217 IU 64 mg		
			Cholesterol	2.8 g 15 mg	Protein	7 g 9 g	Iron Calcium	1.9 mg 240 mg		

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon SafeNet at 211. USDA is an equal opportunity provider and employer. ©2016 Oregon State University Extension Service offers educational programs, activities, and materials without discrimination based on age, color, disability, gender identity or expression, genetic information, marital status, national origin, race, religion, sex, sexual orientation, or veteran's status. Oregon State University Extension Service is an Equal Opportunity Employer.