

Family Dinner Survey

Your answers to this survey will be shared with Oregon State University Extension Service, and will be used to help us better serve Oregonians. We will keep any identifying information confidential.



1 Have you ever seen or heard the slogan "Food Hero"? (See the image at right)

Yes No Not sure

2 In the last year, about how many times have you seen or heard Food Hero ads or messages?

None Once 2-4 times 5-10 times More than 10 times

3 Do you eat more than one kind of **fruit** each day?

No Yes, sometimes Yes, often Yes, always

4 Do you eat more than one kind of **vegetable** each day?

No Yes, sometimes Yes, often Yes, always

5 List the **three vegetables** your family eats most often:

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6 In the past week, how many **days** did your family eat vegetables as part of their dinner?

0 1 2 3
 4 5 6 7



7 In the past week, how many **days** did you cook **dinner** for your family at home?

0 1 2 3 4 5 6 7

8 In the past week, how many **days** did your family eat canned vegetables as part of their dinner?

0 1 2 3
 4 5 6 7



9 About me: I am Male or Female — and I am years old

10 How many adults, including yourself, live in your household? adults live in my household

11 How many children under the age of 18 live in your household? children live in my household

12 Who does most of the cooking and food preparation in your family?

Myself Someone else Shared equally Other: