

SOUTH LINCOLN COUNTY news

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Crestview Heights students sample nutrition

Posted: Tuesday, Mar 26th, 2013

BY: Rockne Roll

Last Wednesday, students at Crestview Heights School got a surprise addition to their usual lunch fare: a smoothie.

Thanks to the Food Hero program, sponsored by Oregon State University Extension through the state's Supplemental Nutrition Assistance Program, students got a vegetable and fruit laden addition to their lunch along with some information about healthy eating.

For the complete article see the 03-27-2013 issue.

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OSU Extension Service nutrition educator Jan Ostby pours samples of "Popeye Power Smoothie" for students at Crestview Heights School during a nutritional education event at the school Wednesday, March 20. The smoothie contained spinach, fruit juice and yogurt. (Photo by Rockne Roll)