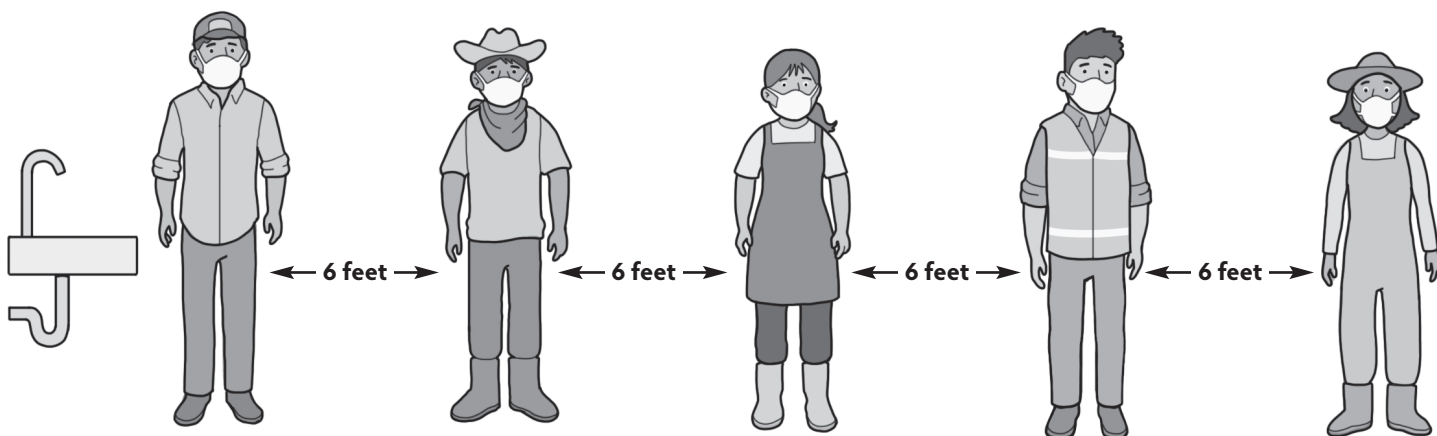


High Speed Hand Washing

Begin by lining up at sink, six feet away from others



1. Wet your hands, then shake off water.



2. Squirt hands with soap.



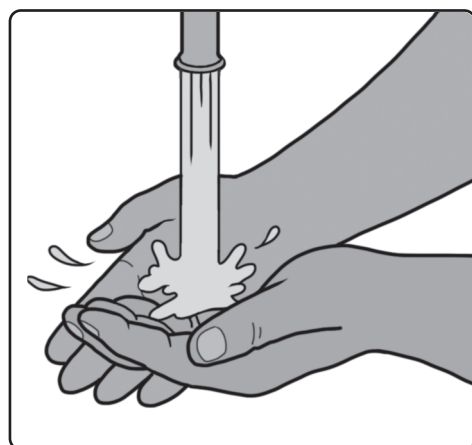
3. Walk to the end of line, stay six feet away from others.



4. Scrub hands as you move forward in line. Wash backs of hands, thumbs, nail beds, between fingers, and wrists well.



5. When you get back to sink, rinse well.



6. Use a clean paper towel to dry your hands, then throw in the trash.

