



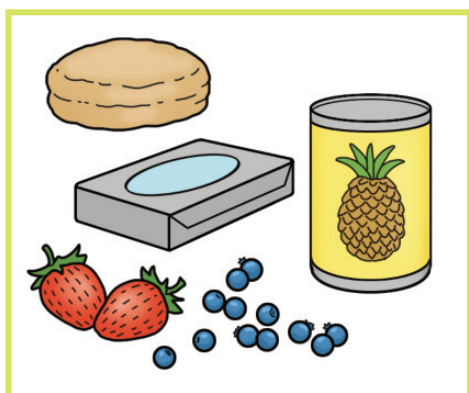
Fruit Pizza

A Food Hero Recipe Kit



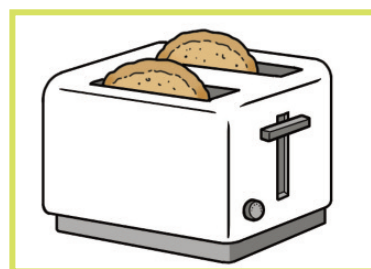
Make it at home!

With the ingredients in today's school meal bag, you can make **Fruit Pizza** for breakfast tomorrow. Follow the steps below. Or you can eat the ingredients on their own. For cooking tips, nutrition facts and a video, visit [FoodHero.org/recipes/fruit-pizza](https://www.FoodHero.org/recipes/fruit-pizza)



Ingredients

- 1 English muffin (try whole grain)
- 2 Tablespoons reduced-fat cream cheese
- 2 Tablespoons sliced strawberries
- 2 Tablespoons blueberries
- 2 Tablespoons pineapple



- 1 Split open the English muffin and toast the halves until lightly browned.



- 2 Spread cream cheese on both halves.



- 3 Divide the fruit between the two muffin halves and place on top of cream cheese.



- 4 These are best eaten right away. Refrigerate leftovers within 2 hours.