







Summer Squash

Quick Garden Tips

- Summer squash come in a range of shapes and colors: green zucchini, yellow-neck squash and pattypan squash are just a few!
- This warm-season crop grows best when soil temperatures have warmed to 70 degrees F. Don't be in a rush to plant in the spring. Transplants ("starts") take about 40 to 50 days to mature.
- These plants require regular, deep watering. The soil 4" beneath the surface should be moist, but not soaked. Shallow watering promotes short roots.
- To avoid powdery mildew, water the base of the plant. Do not water the leaves.
- To ensure you have enough blossoms open for pollination, you may choose to grow 2 to 3 plants.

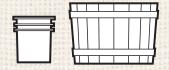


Season and Location

Summer

Container Gardening

- Amny varieties of summer squash require a lot of space, but some bush varieties can be grown in large containers (see recommended varieties on the other
- Bush varieties need about 12" of space around them.
- Make sure your container has small holes near the bottom to allow water to drain from the soil. Otherwise, roots may become waterlogged.

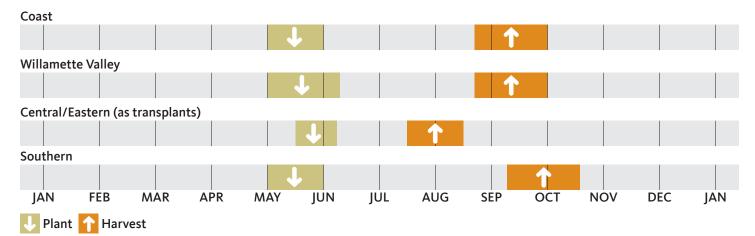


Key Pests and Diseases

Powdery mildew, cucumber beetles



Oregon Gardening Calendar for Squash



Recommended Types to Grow

Green Zucchini

Floridor (round)

Geode (round)

Ambassador

Aristocrat Cashflow

Elite

Noche

Ravent

Seneca

Gold Rush

Yellow Squash Early Prolific Straightneck Fancycrook[†] Gentry Goldbar[†]

Multipik Superset Sunray Yellow Crookneck

Patty Pan Sunburst[†]

Tigress Yellow Zucchini Butterstick

† These types can be grown in large containers.



When and How to Harvest

For best taste, harvest while the skin is still tender (not tough) and smooth (not bumpy).

Sently but firmly grab the squash near the end away from the plant. Lift up and twist to remove.

Harvest often to encourage the plant to produce more squash.

If you missed picking a squash and it grows large, remove it. This helps the plant put its energy into growing new squash.

Storage and Cooking

You can remove the seeds of larger squash and add the raw, grated flesh to baked goods or pancakes. Or chop the squash and add it to soups.



Hummus and Summer Squash

Preparation Time: 10 minutes

Ingredients

1 cup cooked (drained) garbanzo beans

2 Tablespoons **lemon juice** (fresh or bottled)

2 teaspoons vegetable oil

½ cup nonfat plain yogurt

1 clove garlic, or 1/2 teaspoon garlic powder

Makes: 1 cup Directions

1. Place all ingredients in a blender.

2. Blend until desired consistency (more time for a smooth dip, less for a chunky dip).

3. If hummus seems too thick, add 2 teaspoons of water.

4. Refrigerate leftovers within 2 hours.

Notes

♣ Different types of summer squash taste great dipped in hummus.

c Change the flavor of the hummus by adding chili powder, chopped cilantro or parsley, or hot sauce.



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