
Section III – Supplemental Appendices



Growing Healthy Kids

Garden-Enhanced Nutrition Education

Appendix (see Table of Contents for Availability/Ordering)	
A	Food Adventurer Definition Sheet**
B	Hand washing Instructions
C	Basic Educator Kit (garden/food prep)
D	Plant Part Poster*
E	MyPlate Gardening Poster*
F	Journal Pages*
G	Coloring Sheets *
H	Food Adventurer Adjective Sheet*
I	Food Adventurer Stickers*
J	An educators guide to vegetable gardening
K	Growing plants in containers
L	Flashcards**
M	ClipArt for mural (on-line only)
N	Food Hero Recipes**
O	GHK Garden Sign**
P	Graduation Certificate*
Q	GHK Flavored Water recipe**
R	Mural/Garden Activity chart
S	What I ate sheet*
T	Construction of PVC Light Rack
U	List of GHK storybooks
V	Glossary of terms
W	GHK Mission Log*

*Available in Spanish and English

**2-Sided (Spanish/English)