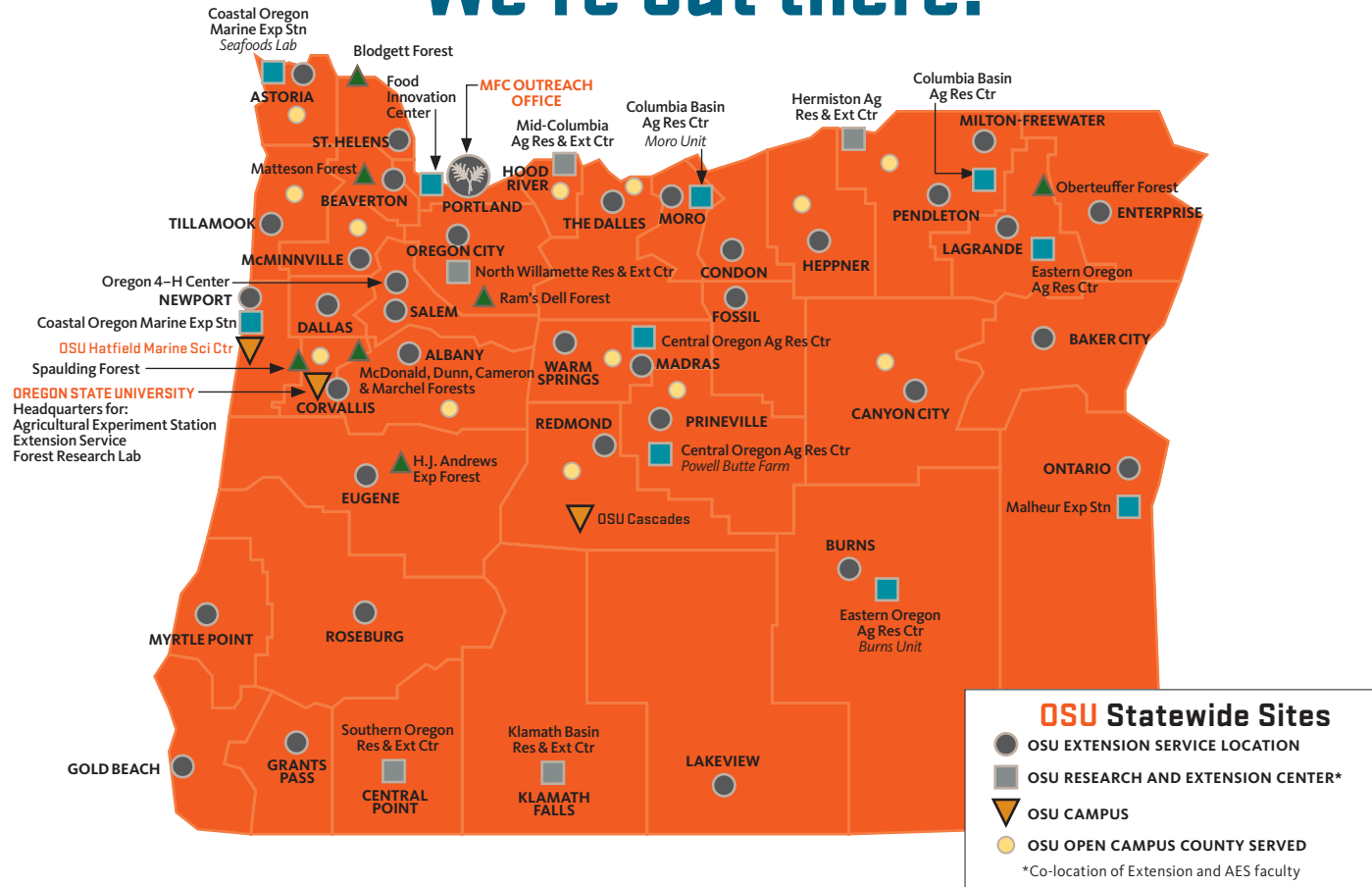


# We're out there!



For more information:  
**Moore Family Center for Whole Grain Foods, Nutrition and Preventive Health**  
 College of Public Health and Human Sciences  
 212 Milam Hall  
 Corvallis, OR 97331

Emily Ho, PhD  
 Endowed Director  
 Jenny Rudolph  
 Endowed Outreach Coordinator  
[moorefamilycenter@oregonstate.edu](mailto:moorefamilycenter@oregonstate.edu)



[health.oregonstate.edu/moore-center](http://health.oregonstate.edu/moore-center)  
 541-737-5205



## Moore Family Center for Whole Grain Foods, Nutrition and Preventive Health

On campus and across the state





Center leadership are Endowed MFC Director Emily Ho and Jenny Rudolph, endowed outreach coordinator.

*“The Moore Family Center is uniquely poised to help families and communities tip the balance toward better health with healthy foods and nutrition.”*

– Emily Ho  
Moore Family Center  
Endowed Director

## Our core mission

At the Moore Family Center, research is a two-way street bridging the science of nutrition and the health of communities. Research drives our interventions in communities, and community needs drive our research.

### FOCUS AREAS

#### Community Nutrition and Public Health Practice

- Nutrition educational program development, evaluation, outreach and practice
- Community and population-based interventions

#### Healthy Diets and Food

- Dietary and food choice assessment methods
- Determinants and influences of healthy eating behaviors
- Facilitators and barriers to healthy food choices
- Promotion of healthy eating behaviors, including whole grains

#### Foods, Nutrients and Preventive Health

- Whole food-based approaches for disease prevention
- Mechanisms and application to chronic disease prevention and obesity prevention

## A legacy of health

Created through a generous donation from two of the world’s most prominent advocates for whole grains and healthy eating, Bob and Charlee Moore, the Moore Family Center helps individuals and communities live healthier through good nutrition.

We bring together scientists, educators, students and the community to advance the science of nutrition. We generate knowledge around healthy foods and together create solutions to help make a positive difference in people’s lifelong health and well-being.



We embrace our roots as a former college of home economics and retain our values — such as the need for a healthy, home-cooked meal. In fact, we still use our kitchens, updated in 2013, to teach and empower Oregon State students, as well as community school children, to be healthy by offering hands-on learning opportunities with healthy cooking programs.



## Real food. Real change.

Beyond the center’s home in Milam Hall, we engage Oregonians across the state through our close partnership with the OSU Extension Service, including a physical presence in Portland. This allows community-based Extension educators to train youth and families to be advocates for better health, improve local access to healthy foods and physical activity resources, and help develop food safety, nutrition and cooking skills.

This relationship also helps us better understand and address community needs and gives us a footprint — well beyond campus — to every county in the state.

From teaching the next generation of nutrition professionals to research and community engagement, the center sets a new standard for creating a healthy food environment that empowers individuals and communities for generations to come.



*Our vision is to be a nationally and internationally recognized center for whole food-based research and public health nutrition that enables individuals, families and communities to live better through good food and nutrition.*