

Cunto,  
Saaxiibo,  
Madadaalo!

Oregon

# XAGAAGA Cuntooyinka

Si Lacag La'aan ah Ku Heli Karaan  
Dhamaan Carruurta iyo Dhalinta  
Da'doodu tahay 1 ilaa 18

Marka sannad-dugsiyeedku dhammaado, cuntooyinka xagaaga  
ee lacag la'aanta ah ee loogu talagalay dhamaan carruurta iyo  
dhalinta ayaa bilaabma!

Ma jirto wax isdiwaangelin, warqado la buuxinayo ama kharash ah - keliya imow!

Si aad u hesho goob cunto oo kuu dhow wac 211 ama farriin gaaban ahaan  
ereyga "FOOD" ugu soo dir lambarka 304-304 ama booqo [summerfoodoregon.org](http://summerfoodoregon.org)

Mac'hadkani waa bixiyaha fursadaha loo wada siman yahay.

