Growing Healthy Kids: Common Core State Standards Supported for Grade 2

Strand	Standards	Examples of Procedure in the activity that supports the standard
Language	2.L.1 2.L.3 2.L.4 2.L.5 2.L.6	Engaging in discussion. Writing responses in journals and logs. Learning and using adjectives to describe foods and plants when writing and speaking: i.e., sweet, fruity, woody, fresh, earthy, strong, sweet, sour. Learning vocabulary of plant parts
Speaking & Listening	2.S.L.1 2.SL.3	Listening to instructions and garden rules. Participating in discussion. Listening to the storybook and discussing key points from the storybook
Reading	2.RL.1 2.RL.2 2.RL.3 2.RL.7	Reading the garden rules and flash cards. Story book, discussion, and Journal. Recounting storybook stories to determine their central message, how their characters responded to events and challenges.
Writing	2.W.8	Completing the food adventurer mission logs and journal
Reading Informational Texts	2.RI.1	Reading garden rules, flash cards
Mathematical Practice	2.MP.5	Using a ruler strategically when planting seeds/seedlings, measuring/recording growth
Measurement and Data	2.MD.F	Using units of length (inches) for seed/seedling spacing, depth, and growth
Biological Evolution: Unity and Diversity	2-LS4	Garden/Farm tours, keeping a garden observation journal
Health	HE.7.2.1 HE.7.2.2	Trying new fruits and vegetables

Growing Healthy Kids: Common Core State Standards Supported for Grade 3

Strand	Standards	Examples of Procedure in the activity that supports the standard
Language	3.L.1a 3.L.3 3.L.4 3.L.5 3.L.6	Engaging in discussion. Writing responses in journals and logs. Root seed demonstration. Learning and using adjectives to describe foods and plants when writing and speaking: i.e., sweet, fruity, woody, fresh, earthy, strong, sweet, sour. Learning vocabulary of plant parts
Speaking & Listening	3.S.L.1 3.SL.3	Listening to instructions and garden rules. Viewing video lessons and participating in discussion. Listening to the storybook and discussing key points from the storybook
Reading	3.RL.1 3.RL.2 3.RL.3 3.RL.7	Reading the garden rules and flash cards. Story book, Discussion, and Journal Recounting storybook stories to determine their central message, how their characters responded to events and challenges.
Writing	3.W.8	Completing the food adventurer mission logs and journal, keeping a garden observation journal
Reading Informational Texts	3.RI.1	Reading garden rules, flash cards, discussing lesson coloring sheet message
Mathematical Practice	3.MP.5	Using a ruler strategically when planting seeds/seedlings, measuring/recording growth
Measurement and Data	3.MD.4	Using units of length (inches) to keep a log of seed growth over time
From Molecules to Organisms: Structures and Processes	3-LS1-1	Garden/Farm tours, keeping a garden observation journal
Health	HE.7.3.1 HE.7.3.2 HE.7.3.3	Story book, discussion and journal

Supporting Common Core Standards through Nutrition Education OSU Extension 4-H and FCH Spring Conference 2017 Updated Spring 2021

Standards and Instruction:

https://www.oregon.gov/ode/educator-resources/standards/Pages/default.aspx